

Parent Guides on Cybersafety: <https://www.connectsafely.org/guides-3/>

Prevent Cyberbullying: <https://www.stopbullying.gov/cyberbullying/prevention>

A Parent's Guide to Cyberbullying: http://www.connectsafely.org/wp-content/uploads/cyberbullying_guide.pdf

What Parents Need to Know About Self-Injury: <http://www.selfinjury.bctr.cornell.edu/perch/resources/parenting-2.pdf>

Texas Suicide Prevention: <http://www.texassuicideprevention.org/>

Access your Local Mental Health Authority (LMHA): <https://www.dshs.texas.gov/mhservices-search/>

Cornell Research Program on Self-Injury and Recovery: <http://www.selfinjury.bctr.cornell.edu/documents/schools.pdf>

Suicide Awareness Voices of Education: <https://save.org/about-suicide/warning-signs-risk-factors-protective-factors/>

Teach Online Safety: <https://staysafeonline.org/>

Suicide Prevention Resource Center: <http://www.sprc.org/>